

RESOLUTION NO. 2026-08

A RESOLUTION OF THE CALEDONIA CITY COUNCIL  
APPROVING THE CITY OF CALEDONIA'S EMPLOYEE WELLNESS POLICY AND OFFICIAL  
WELLNESS POLICIES AND PROGRAM

**WHEREAS**, the City of Caledonia recognizes the importance of promoting health, well-being, healthy eating, and exercise among its employees;

**WHEREAS**, it is the City's Policy to encourage health, well-being, and exercise through a Wellness Program designed to help ensure a healthy work environment for all City of Caledonia employees;

**WHEREAS**, the City Council desires to implement a Wellness Program that strives to provide opportunities that will encourage the development of lifestyles that maintain and enhance the state of overall well-being, for a longer, healthier, and more productive life for the employees of the City of Caledonia;

**WHEREAS**, the City Council acknowledges the importance of a successful Wellness Program in promoting fitness, and health and acknowledges that the following are benefits that can be directly realized from a Wellness Program:

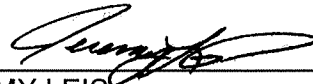
1. Reduction in Sick Leave
2. Reduction in Absenteeism
3. Reduction in Injury
4. Reduction in Health Care Costs
5. Improvement in Work Place Morale
6. Improvement in Productivity

**WHEREAS**, it is the desire of the City Council to once again announce its Wellness Policy, and to adopt an Official Wellness Policies & Program for the City of Caledonia;

**NOW, THEREFORE, BE IT RESOLVED**, that the Caledonia City Council does hereby approve:

1. **Wellness Policy.** It is the City's Policy to encourage the health, well-being, and exercise of its employees through a Wellness Program designed to help ensure a healthy work environment for all City of Caledonia employees.
2. **Wellness Program Adopted.** The attached Wellness Policies and Program is hereby adopted as the City's official Wellness Program.

Adopted this 26<sup>th</sup> day of May 2026.



JEREMY LEIS  
MAYOR

ATTEST:

  
JAKE DICKSON  
CITY CLERK-ADMINISTRATOR